

# **Skill 7 Elite**

## **Football Coaching Programme**

***“Focusing on player progression”***

### **Aim:**

- The **Skill 7 Elite** Programme’s primary aim is to improve each player’s technical ability, their tactical play, and their personality within the game. Our secondary aim is to coach advanced players in readiness to trial at a professional football club, if selected.

### **Objectives:**

- **Skill 7** will implement a Talent Identification Structure within Buckinghamshire, Hertfordshire, Middlesex, and Gloucester.
- **Skill 7** will endeavour to work closely with scouts from professional clubs who show genuine interest in the Progression Programme.
- **Skill 7** will devise an Elite Progression Programme for each age group, which will consist of three strands, Technical, Tactical, and Personality.
- **Skill 7** coaches will set **S.M.A.R.T** targets (Specific, Measurable, Achievable, Realistic, Time-Bound)
- **Skill 7** coaches will assess and review players on the progression programme every 10 to 12 weeks.
- **Skill 7** will aim to organise a minimum of two fixtures against Development Centres and Academies run by professional clubs in each age group every term.
- **Skill 7** will use these matches to assess player development against their targets and objectives on their Progression Programme.
- **Skill 7** will forward an Elite Player File to any club who offer a trial to one of the players from the Elite Progression Programme. This file will contain information which will be useful to the club’s academy coaching staff.
- **Skill 7** will ensure any player who is not successful during a trial period at a professional club will be given an opportunity to return to the **Skill 7 Elite** Coaching Programme.
- **Skill 7** will ensure the quality of player identified to a professional club is always of required standard.
- **Skill 7** will create an enjoyable and safe learning environment for all players on the programme.